ONLINE PAYMENTS

Invoices for student resource and technology fees were issued recently to each family. Payment can be made by cash or cheque at the school office or, by online bank transfer. These details are~

Kitchener Public School Admin Account
Westpac Bank BSB 032-001
Account Number 142-365
Ref <<student name>>. Please ensure you add a reference so that amounts can be receipted to the correct student. You may also like to send an email to advise the school of the online payment.

CLASSROOM / SCHOOL HELPERS

I do realise the busy world we live in however if you have any time and wish to support our classroom we would be greatly appreciative.

Our classes generally have Literacy in the mornings between 9.30-11.15am and Numeracy after lunch between 12 and 1.30pm. If you have any time within these time slots we would love for you to come in.

We also would love to utilise the expertise in our community. We are looking to increase our Gardening Program, introduce cooking and life skills based initiatives. ANY SUPPORT or SKILLS to develop our students would be greatly appreciated. PLEASE contact the school if you are interested.

UPCOMING EVENTS for the CALENDAR

These dates will be updated on our Website and SkoolBag APP. Term 1 dates and key dates for the rest of the year are published in fortnightly newsletters.

- NEXT WHOLE SCHOOL ASSEMBLY
  Tuesday 17th MARCH

IMPORTANT INFORMATION
THERE WILL BE NO LUNCH RUN UNTIL FURTHER NOTICE

Parents will be advised when they are expected to resume.
We thank parents for their understanding.

Quote of the Fortnight

Just BELIEVE in YOURSELF
Even if you don’t, pretend that you do and, at some point, YOU WILL.

Venus Williams
ANZAC DAY SERVICE ~ Saturday 25th April

The Cessnock RSL Sub Branch has invited students, staff and parents of our school to join members for the ANZAC Day March on Saturday 25th April commencing at 11.15am. Students, staff and parents are to gather in the area between the Civic Centre and Peden’s Hotel by 11am. Students are to wear the full school uniform, with pride, as representatives of Kitchener Public School.

STUDENT BADGES ~ CARE & TREATMENT

Many of our students have school badges (Captains, Sports House Captains, Ministers etc). These badges can be damaged by the washing machine, the iron, and sprays ~ Pre-wash Stain Removers, Iron Aid (Fabulon), Hair Spray, Deodorant Sprays, Perfume. We ask that students remember to remove badges from their uniforms and, to take particular care when using sprays.

EASTER CELEBRATIONS, HAT PARADE, BBQ LUNCH & RAFFLE

Our Easter Celebrations will be held on Thursday 2nd April, the last day of the school term. We will also be having a BBQ lunch for students, parents and visitors.

Our infamous Easter Egg Raffle will be run again this year. Tickets will be sold beforehand, and, on the day. A book of tickets has been given to the eldest student of each family with today’s newsletter. We have started ‘gathering’ Easter chocolates and eggs for the raffle. Donations of Easter chocolates and eggs for the raffle can be left in the safe hands of Ms Wilson, in the office and, are greatly appreciated.

<table>
<thead>
<tr>
<th>Merit Awards ~ Tuesday 3rd March 2015</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>K/1</strong></td>
</tr>
<tr>
<td><strong>Yr 1/2</strong></td>
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<tr>
<td><strong>Yr 3/4</strong></td>
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<tr>
<td><strong>Yr 5/6</strong></td>
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<tr>
<td><strong>PBL Awards</strong></td>
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<tr>
<td><strong>Sports Awards</strong></td>
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<tr>
<td><strong>Zone Swimming</strong></td>
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<tr>
<td><strong>Principal’s Awards</strong></td>
</tr>
</tbody>
</table>
A number of Kitchener School students participated in the Cessnock Show under a few different categories, Dressage (Horse Sports) and, Cooking.

Our students performed extremely well with the following results ~

Dressage:
U7 Lead: Evelyn (K/1) 2nd place.

Cookery:
Jam Drops: Eleanor (K/1) 1st place; Evelyn (K/1) 2nd place; Jace (Yr 3/4) 3rd place.
Marble Cake: Eleanor (K/1) 2nd place.
Fancy Dress, the order of the day ~ each Rider had to dress as something starting with “D”. Can you guess what the students dressed as??
Parents and Friends of Kitchener PS you have realised that we have changed the way we have organised our PBL words like gotchas, golden tickets and different kinds of aim high badges. The following flow chart hopes to explain it.

- **5 Gotchas**
  - 5 Golden Tickets
  - PBL AIM HIGH Badge
  - Students need to earn 25 Gotcha’s to receive a Badge

- Kites
  - Bronze Award

- Hot Air Balloons
  - Silver Award

- Bi Plane
  - Gold Award

‘Aiming High’
Parents and Friends of Kitchener PS you have realised that we have changed the way we have organised our PBL rewards system that better supports our students and recognises their successes regularly. You may start to hear words like gotchas, golden tickets and different kinds of aim high badges. The following flow chart hopes to explain our new system. Any questions PLEASE contact the school.

This process repeats itself each time ~ 5 gotchas – 1 Golden Ticket – 5 Golden tickets –

Next Level Badge

All Badges will be awarded to students at the fortnightly Assemblies

Jets ➔ Platinum Award

Rockets ➔ Emerald Award

Satellites ➔ Diamond Award
## CALENDAR OF EVENTS

### Term 1 2015

### Week 8

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday 17th March</td>
<td>School Assembly ~ SPR 2.35pm</td>
</tr>
</tbody>
</table>
| Wednesday 18th March | Aboriginal Health Screenings ~ Kindy  
|                    | Rugby 7’s (mixed) ~ Pokolbin                                        |
|                    | Scripture Classes commence                                          |

### Week 9

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday 26th March</td>
<td>Steve Simpson Shield ~ Rugby League Gala Day</td>
</tr>
<tr>
<td>Saturday 28th March</td>
<td>State Election</td>
</tr>
</tbody>
</table>

### Week 10

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday 1st April</td>
<td>School Cross Country (K—Year 6) ~ Sports Uniform to be worn</td>
</tr>
<tr>
<td>Thursday 2nd April</td>
<td>Easter Hat Parade, Year 6 Fundraising &amp; BBQ, Easter Raffle</td>
</tr>
<tr>
<td></td>
<td>Last Day of Term 1</td>
</tr>
<tr>
<td>Friday 3rd April</td>
<td>Public Holiday ~ Good Friday (School Holidays)</td>
</tr>
</tbody>
</table>

### Week 1

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 20th April</td>
<td>Staff Return Term 2 (Staff Development Day ~ No Students)</td>
</tr>
<tr>
<td>Tuesday 21st April</td>
<td>Students Return Term 2</td>
</tr>
<tr>
<td>Saturday 25th April</td>
<td>ANZAC Day March ~ Cessnock</td>
</tr>
</tbody>
</table>

### SCHOOL VEGE PATCH

Kate Bradshaw, Georgia Year 1/2, has donated passionfruit seedlings (Ned Kelly) for the school to sell as a fundraiser for the purchase of garden soil and mulch for the school’s vege patch. The passionfruit seedlings are $2 each. Kate has about 40 seedlings. We are hoping to raise around $100. Please see Kate Bradshaw (Georgia’s mum) or phone 0439 608 515.

The seedlings have been germinated by Kate and are not grafted vines.
OVERALL VIEW Next TERM

Dates and Details Correct at time of Publication

Term 2
Week 1  ANZAC Day March Saturday 25th April CCGPS
Week 2  AFL BOYS and GIRLS – Paul Kelly Cup – Max McMahon Oval-Rutherford
Week 3  Whole School Photos (Photoworx) ~ Wednesday 6th May
        Mothers’ Day Stall ~ Friday 8th May
        Mothers’ Day Morning Tea ~ Friday 8th May
Week 4  NAPLAN Assessment Program ~ Tues 12th, Wed 13th & Thurs 14th May ~ Yrs 3 & 5
Week 6  YEAR 6 and Parent’s University Visit ( Friday 29th May)

PLEASE NOTE ~ SOME DATES AND ACTIVITIES MAY BE SUBJECT TO CHANGE;
PLEASE SEE EACH FORTNIGHT’S NEWSLETTER FOR UPDATED INFORMATION

The Premier’s Reading challenge for 2015 is up and running. Children in K/1 & 1/2 will complete the challenge at school, whilst children in Years 3-6 are encouraged to register and complete the challenge at home. To assist with login and recording for children in 3/4 and 5/6, Mrs Couper will be in the library at lunchtime on Tuesdays. To register at home, children are to use their school login and password on the Premier’s Reading Challenge website:

https://online.det.nsw.edu.au/prc

All entries must be submitted online by August 21 2015.

This website also contains book lists for each stage. We have many of these books in the school library and encourage all children to participate. To qualify for the certificate, children are required to read:

Years 3 & 4—20 books including at least 15 from the PRC booklist (Years 3-9)
Years 5 & 6—20 books including at least 15 from the PRC booklist (year 5-9)

If you require further clarification which cannot be answered via the PRC website please contact Gaye Couper at the school.

Will O’Neil Tennis ~ School Holiday Tennis Camp 9am—3pm Thurs 9th & Fri 10th April. Ages 5—16 years, all levels. Cost Per Child - $40 per day (can come either 1 or 2 days) $20 half day (9am – 12pm)

Children are to bring along: racquet (can be provide, if needed), hat, sunscreen, comfortable clothes, joggers and their own food for the day. (fruit will be provided throughout the day)

Sausage Sizzle lunch will be provided on Friday 10th April. Bookings essential by 31st March

CESSNOCK TENNIS COURTS  Aberdare Rd, Cessnock
PH. Will 0425 302470  Sonya 0433 782284
Working Through Grief

When we experience grief there are a number of different things that can happen to a person. We can feel shock and disbelief - not even being able to accept that it has happened. Or anger that it has happened. Sometimes we blame ourselves and start to say or think things like "If only I had (or hadn't)..." We can

A small grief will normally take care of itself fairly quickly. But we should never dismiss even a small grief as silly because this can leave the person feeling like they don't matter. For big grief it is important that we continue to allow the child to express the pain they are feeling. This can sometimes be very hard if we are also feeling the grief. Children also, unlike adults, shift in and out of grief very quickly and easily. They can be sobbing uncontrollably at a funeral one minute and then playing outside with their friends the next. This is actually one of the ways they cope as they are more in the moment than adults. Don't ever interpret this as they are over it or that they don't care.

With a very large grief the sadness and loss can last a very long time, sometimes months or even years. Some people even get 'stuck' in grief, because the hurt was so bad, and do not return to normal life even after years of sadness.

If you feel you need assistance or just need to talk to someone, make an appointment with your GP or call Lifeline on 13 1114

Cherie Gibson - School Welfare Officer
At the beginning grief can be all consuming. At this time support is all that is needed. As time goes on an opportunity to express the grief will be important. Things such as painting, memory boxes, storytelling, music, etc can be very useful ways of getting out the painful emotions that are stuck inside.

It is important to remember that grief is a process, not an event. It can take time to move through and cannot be rushed. Establishing or taking part in rituals, telling stories about the person, going back to a favourite spot, etc. can all be good ways of

Grief and Saying Goodbye

One of the hardest and yet most healing rituals that can be done. By allowing children to be present at a time of saying goodbye you can do them and yourself some real long term good. It does bring up strong emotions but this is the point – it doesn’t create them, it brings them out to be shared in a supportive family environment. It can be very healing.

It is definitely not good to use vague language when speaking to children about death because their brains interpret language literally not symbolically. Statements like "...went to
Community Information

Parent Courses & Information

LinkUp, a program for over 50-year-old Aboriginal community members run by Wesley Mission will be held at 10am—2pm Tuesday 24th March at Cessnock City Scout Hall, 284 Maitland Rd, Cessnock (cnr Henderson Ave). For more information, contact Sue Shilcock on 0429 075 430 or email sue.shilcock@wesleymission.org.au


“Foundation Skills and Pathways” Cessnock TAFE. Contact Erol Engin 4993 0492

Koe-Nara 2015 Programs ~ Term 1

- **Playworks** Mondays at Koe-Nara, in the grounds of Cessnock Public School from 10am—12n.
- **Playworks** Thursdays at East Cessnock Public School from 9am—11am.
- **Baby & Me** Thursdays at Koe-Nara, in the grounds of Cessnock Public School from 12.30pm—2pm.
- **Let’s Play** Tuesdays at Koe-Nara, in the grounds of Cessnock Public School 10am—11.30am.
- **Tuning in to Kids** ~ 10am—12n Wednesdays 11th March—1st April. FREE Course

**Baby Clothing Exchange at Koe-Nara, in the grounds of Cessnock Public School**

Contact Jane Hodgson, Local Facilitator, Koe-Nara, Cessnock Public School 4990 9354 or 0428 263 854

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**KITCHENER PUBLIC SCHOOL UNIFORM PRICE LIST**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Girls Summer Dress</strong></td>
<td>$65</td>
</tr>
<tr>
<td>(Size 4, 6, 8, 10, 12, 14)</td>
<td></td>
</tr>
<tr>
<td><strong>Boys Grey Elastic Waist Shorts</strong></td>
<td>$20</td>
</tr>
<tr>
<td>(Size 4, 6, 8, 10, 12, 14)</td>
<td></td>
</tr>
<tr>
<td><strong>Boys Short Sleeve Sky Blue Button Up Cotton Shirt with KPS Logo on Collar</strong></td>
<td>$25</td>
</tr>
<tr>
<td>(Size 4, 6, 8, 10, 12, 14)</td>
<td></td>
</tr>
<tr>
<td><strong>Unisex Navy Microfibre Jacket with School Crest Embroidered</strong></td>
<td>$35</td>
</tr>
<tr>
<td>(Size 6, 8, 10, 12, 14)</td>
<td></td>
</tr>
<tr>
<td><strong>Unisex Navy Microfibre Shorts (Sports Day)</strong></td>
<td>$25</td>
</tr>
<tr>
<td>(Size 6, 8, 10, 12, 14)</td>
<td></td>
</tr>
<tr>
<td><strong>Unisex Navy / Sky Blue Sports Shirts</strong></td>
<td>$30</td>
</tr>
<tr>
<td>(Size 6, 8, 10, 12, 14)</td>
<td></td>
</tr>
<tr>
<td><strong>School Hat</strong></td>
<td>$12</td>
</tr>
</tbody>
</table>

Uniform Shop Wednesdays 9.30am—10.00am

open for purchase of new school uniforms, sports uniforms and hats.

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**Pediculosis (Head Lice)**

With the humid, warmer weather there has been an increase in the number of cases of head lice. It would be greatly appreciated if you could check your child’s hair regularly and, treat if needed. The pediculosis life-cycle means that daily checks are needed to ensure eradication of head lice. Your local chemist will be able to assist with products.