2015 SCHOOL LEADERS SPEECHES

Wow! What more can I say. I was so impressed by all 20 candidates’ speeches. They spoke with pride, passion and conviction for the opportunity to represent the school as a leader in 2015. They displayed quality attributes (Aiming High) and persistence in a challenging situation.

Voting will be conducted during this week, with all students and staff given the privilege of voting. The result will remain confidential until our Presentation Awards Night (Wednesday 10th December) where our leaders for 2015 will be announced to the school community.

Many thanks to parents of the Year 5 students for their encouragement, time and effort to support students with their speeches. It was very pleasing and inspiring as a school Principal to see what our students are capable off. Well done to all.

SCHOOL DISCO

Tonight (Wednesday) is our Annual School Community Disco. The event is open to all parents and students of Kitchener PS. It will start at 6.30pm and finish at 8.00pm. Entry is $5 per student/child and includes 2 glow sticks and a show-bag of their choice. Water and mix-up cordial will be provided, free of charge, for the students. There will be no food or drinks sold on the night.

Pre-school students are more than welcome to come along on the night if their parents stay and supervise them.

COMMUNICATION—CONNECTIONS

Our school App has been updated for those who have Apple mobiles (please update).

We have our community notice board behind our Map near the office gate, please come and check it out. A special thank you for the mums that keep it updated.
Welcome to the Kitchener P&C NEWS

Thank you to all the hard work and effort that was dedicated to the School Fete held on Saturday (22nd November). Special big thanks goes especially to Dannielle & Tamara who were the main organisers of this event. The P & C ladies would like to send out a huge thank you to all of the parents & teachers who took part in coming in to the school prior to Saturday, helping with organising and sorting for the elephant stall, wrapping, cooking, making craft and generally preparing for the fete. All those who turned up at 6.30am to get organized; it was a successful event and shows the commitment and effort we have tried to demonstrate all year to help our school.

We received plenty of positive feedback from the stall holders at how well organised it was and what a great bunch of people we have in our school community. All the kids that came seemed to thoroughly enjoy themselves, thanks to the entertainment, which was fantastic. We tried extremely hard to advertise and promote the Fete, via radio, FaceBook, newspaper and signage; it would have been even better if more people came and supported this event but it’s the first time a Fete has been held at the School so, great effort!

Many discussions took place at our last P & C meeting (minutes enclosed). The main one being ‘Communication’. We agreed our map at the front of the school should be used more for our community members to advertise events and ask for help with different fundraisers, so please see the back of this sign & check for information.

The School Uniform Shop will be open Wednesday Mornings in the Community Hall from 9am – 10am.

The Uniform Shop will be open next year on Tuesday 20th & 27th January 2015, 10am – 12noon for uniform purchases for the start of the school year.

Our last meeting for the year will be held Thursday 11th December at 5pm in the Community Hall. Please come along as this will be an important meeting to discuss the future of the P & C for next year.

Cheers,
P & C Committee.

<table>
<thead>
<tr>
<th>KITCHENER PUBLIC SCHOOL UNIFORM PRICE LIST</th>
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| GIRLS SUMMER DRESS $65  
(SIZE 4, 6, 8, 10, 12, 14) | BOYS GREY ELASTIC WAIST SHORTS $20  
(SIZE 4, 6, 8, 10, 12, 14) |
| BOYS SHORT SLEEVE SKY BLUE BUTTON UP COTTON SHIRT WITH KPS LOGO ON COLLAR $25  
(SIZE 4, 6, 8, 10, 12, 14) | |
| UNISEX NAVY MICROFIBRE JACKET WITH SCHOOL CREST EMBROIDED $35  
(SIZE 6, 8, 10, 12, 14) | |
| UNISEX NAVY MICROFIBRE SHORTS (SPORTS DAY) $25  
(SIZE 6, 8, 10, 12, 14) | UNISEX NAVY / SKY BLUE SPORTS SHIRTS $30  
(SIZE 6, 8, 10, 12, 14) |
| SCHOOL HAT $12 | |
Kitchener Public School P&C Executive would like to thank the fire brigade units from Quorrobolong and Kearsley, and the Kitchener Local Unit; ABC Jumping Castles who provided fun and amusement (at no cost to the school); Jayde (Ellis), the Entertainment Co-ordinator; Shann Simpson Dance Co., Mackenzie Pringle, Tess Laing and Michaela Rollings for dance and entertainment; All Shook Up Car Club, Cathy and Brad (Trinity Yr 5/6), and other car owners for the car display; all those who arrived at 6.30am on the day and worked tirelessly for the whole day; the endless list of wonderful helpers for all the support and help in all different ways; the students who did an amazing job helping on the day; everyone who donated goods or services; and, to all those who came along, enjoyed themselves and, supported the school fete.

A very impressive $1200.00 (approx.) was raised!! Great effort!!
Good for Kids good for life

Healthy Drinks

Did you know that a 250ml glass of apple juice or cola contains not one but 6 teaspoons of sugar?

Water has no added flavours, colours, sugar or energy so it’s the best way for kids to quench their thirst.

Drinking water instead of sweetened drinks may also prevent dental problems, while the fluoride found in tap water can help strengthen teeth and bones.

Tips to help children drink more water:

- Offer water when children are thirsty
- Have a jug of water on the table at mealtimes
- Keep water in the fridge so it’s cold
- Freeze half a water bottle the night before and fill the remainder with cold water before packing the lunchbox
- Send a water bottle to school

Milk is also a nutritious drink that children should consume, as it’s important for strong bones and teeth.

Reference:

Adapted from Healthy Kids: “Choose water as a drink” fact sheet accessed from www.healthykids.nsw.gov.au
Seminar

Managing Emotions and Self-Care

A seminar for anyone who is a carer
(for mums, dads, fulltime carers - all welcome!)

Facilitated by Cherie Gibson

Focus areas include:

- Managing Emotions as a carer
  - Understanding Stress
  - Managing Stress
- The importance of Self-Care

Where: Samaritans Cessnock
198-202 Vincent Street Cessnock

When: Friday 5th December 10am –12 noon

Bookings essential

To register please call
CALENDAR OF EVENTS

Week 8

Wednesday 26th November  Year 6 Farewell Dinner (5pm—6.30pm)
Whole School Disco (6.30pm—8.30pm) $5.00 (Entry & Glo-Stick)

Thursday 27th November  T20 Cricket, Baddeley Oval. Year 5 & 6

Week 9


Week 10

Wednesday 10th December  Annual Presentation Awards Night ~ 5pm—6.30pm (approx.) SPR

Week 11

Monday 15th December  Pool Fun Day/Class Party, Branxton Pool ~ Kinder to Y5 (and, remaining Yr 6 students)
Wednesday 17th December  Last day of School Year for Students
Thursday 18th December  Staff Development Day #1 ~ No Students
Friday 19th December  Staff Development Day #2 ~ No Students


Term 1  2015

All students, including our new Kindergarten children, start school on
Wednesday 28th January, 2015.

Teachers and staff return the day before ~ Staff Development Day ~
Tuesday 27th January, 2015.

2015  ~  Term 1  Week 3  ~

Cessnock Small Schools’ Swimming Carnival ~ Tuesday 10th February, 2015
Summer Reading Club Cessnock City Library ‘Pirate Story Time’
Ahaar, me hearties, a special Evening Story time to launch this year’s Summer Reading Program!

**When:** Thursday 27th Nov  5.30pm-6.30pm  **Where:** Kurri Kurri & Cessnock Libraries

**Ages:** 2-8, but younger & older siblings also welcome!  **Cost:** Free!  **Ph** 4993 4399

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Come and join us every Tuesday during school terms at 9:45am - 11:45  $3.00 per family (excl. membership*)  Please supply your children's own morning tea. Tea and coffee and biscuits supplied for parents.  Check out  Kitchener Playgroup

Contact Heather on 0400425739  

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**SCHOOL CHOOKS ~ Thursday 18th December to Tuesday 27th January**

Yes, it’s that time of the year again, with the school holidays not far away! Our chooks need some families to care for them over that time. If your family is available to care for the chooks (feed, water, collect and keep the eggs), please contact Ms Brunton, Year 4/5 so that you can be added to the roster. A roster (to cover each day from Thursday 18th December to Tuesday 27th January), complete with mobile contact numbers of other families and a key will be given to each family able to assist.

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The Miss Cessnock Trivia Night Fundraiser “Battle of the Brains” in aid of the Epilepsy Unit, Westmead Hospital held on Saturday 15th November at Cessnock Ex Services was a great success. A number of our students entered a colouring in competition; congratulations to ~ Breanna (K/1), Grace (Year 1/2/3), Sarah (Year 4/5) & Jacob E (Year 5/6) who were judged as winners by Allyra last week. (Allyra is the current ‘Miss Cessnock’ and, is raising funds for the Epilepsy Unit, a very worthwhile cause)

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PHOTO BOMBED!!

Can you spot the kangaroos in the background, near the bush?